

**RAMJAS PUBLIC SCHOOL (DAY BOARDING)****January 2018 (Junior Wing)**

<b>DATE / DAY</b>	<b>MORNING REFRESHMENT</b>	<b>LUNCH</b>	<b>EVENING REFRESHMENT</b>
<b>16.01.18 Tuesday</b>	<b>Bread Rolls</b>	<b>Tomato soup, arhar dal, methi aloo, rice, chapatti, salad</b>	Fruit
<b>17.01.18 Wednesday</b>	<b>Bread pakora</b>	<b>Moong Malka dal, gobhi aloo, sweet daliya in milk, rice, chapatti</b>	Biscuits
<b>18.01.18 Thursday</b>	<b>Bhelpuri</b>	<b>Rajma, ghia, aloo raita, rice, chapatti, salad</b>	Fruit
<b>19.01.18 Friday</b>	<b>Veg. vermicelli</b>	<b>Kadhi, beans aloo, rice, chapatti, salad, papad</b>	Fruit
<b>20.01.18 Saturday</b>	<b>Macroni</b>	<b>Tomato carrot soup, kale chane, mix. Veg., rice, chapatti, salad</b>	Biscuits
<b>22.01.18 Monday</b>	<b>Samosa(KG-II) Bread butter jam(III-V)</b>	<b>Sabut moong chana dal, gobhi aloo, sewian kheer, rice, chapatti, salad</b>	Fruit
<b>23.01.18 Tuesday</b>	<b>Bread butter jam (KG-II) Samosa (III-V)</b>	<b>Choley, zeera aloo, bathua raita, rice, chapatti, salad</b>	Fruit
<b>24.01.18 Wednesday</b>	<b>Burger</b>	<b>Urad rajma dal, ghia, aloo raita, rice, chapatti, salad</b>	Biscuits
<b>25.01.17 Thursday</b>	<b>Mayoonaise sandwiches</b>	<b>Sambhar idli, masala aloo, lemon rice, chapatti, salad</b>	Fruit
<b>27.01.18 Saturday</b>	<b>Halwa chane</b>	<b>Tomato carrot soup, lobia, methi aloo, rice, chapatti, salad</b>	Biscuits
<b>29.01.18 Monday</b>	<b>Sprouts</b>	<b>Urad chana dal, gajar matar, custard, rice, chapatti, salad</b>	Fruit
<b>30.01.18 Tuesday</b>	<b>Matara kulcha</b>	<b>Ghia chana dal, gobhi aloo, sweet curd, rice, chapatti, salad</b>	Fruit
<b>31.01.18 Wednesday</b>	<b>Kale chane chaat</b>	<b>Methi puri, aloo curry, pumpkin, boondi raita, veg. pulav, salad</b>	Biscuits